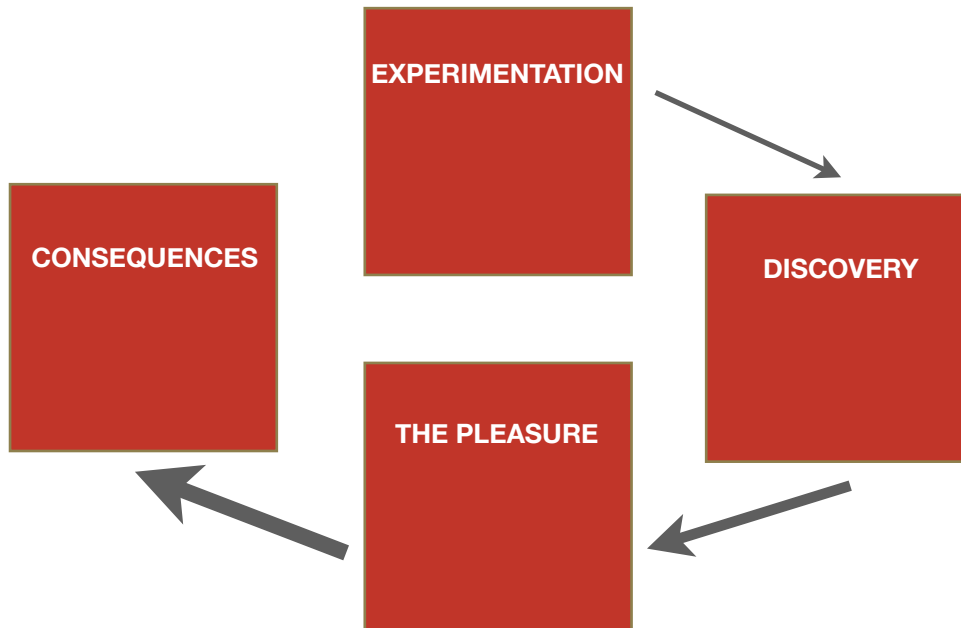


Janus Solutions

2 day

Stimulant Workshop



PLEASURE

*A BASIC HUMAN NEED THAT
WILL AT TIMES DEFY LOGIC!*

VENUE

**Kiltalown House
Jobstown
Tallaght
Dublin 24**

Date: 15th and 16th October 2013

Time: 9.30 start 4.30pm finish

PEOPLE CAN CONTROL THEIR DESIRE TO USE DRUGS - OUR JOB IS TO AID THEM

ABOUT THE 2 DAY WORKSHOP

About Janus Training

Janus Solutions has over 15 years of training experience. We have an established reputation for training professionals in client engagement and development using a variety of tools and skills in an experiential learning setting.

Janus Solutions will be hosting an intensive 2 day workshop that will focus on how to work more effectively with stimulant users, using our own unique approach.

Our training is based on how we actually work with clients on a daily basis. It is a combination of theoretical ideas and approaches together with practical interventions that aid the client in better understanding their relationship with their drug/s of choice.

Much of our work and approach focuses on the fact that clients have experimented with drugs and have made a significant discovery - that drugs, and alcohol, affect the way they think, feel and behave. Janus believes that this exciting discovery should not be underestimated when considering how the client becomes enthralled by their relationship with drugs.

If a client is asked – “If you could continue to use drugs without the consequences, would you continue to use?” How many

clients would say No? Despite the consequences, most would say Yes! At Janus we believe that this is a key part of the conversation that a worker should have with the client.

About the 2 days

Day 1

- An exploration of stimulant use and what is unique, and similar, about stimulants compared to other drugs
- An exploration of the Resonance Factor - the unique approach developed and used by Janus to work with stimulant users and other drug users. This approach empowers the professional to engage the part of the client that enjoys their drug use
- How stimulants affect the human organism
- Cravings and Triggers and how to communicate with them
- What is Addiction? - the ‘ON’ concept
- Physical versus psychological: the head and the body

Day 2

- How the Resonance Factor helps to develop awareness within the client regarding their drug use or their desire to become and remain abstinent
- Perverse Pleasure - the powerful relationship the client

forms with all aspects of their drug use

- Using the Jo-hari Window with the Resonance Factor to develop an understanding of ‘self’
- Transition and transformation – the pain of change
- Justifications - legitimising and prioritising drug use

Outcomes

The workshop aims to:

- Develop a greater understanding of the stimulant user
- Provide a variety of useful interventions to work with stimulant users that are transferable
- Provide tools that generate awareness and ownership within the client
- Help the worker to engage the client and effectively support those who are motivated to change
- Provide a clear understanding of ‘The Resonance Factor’

FREE Extras!

- A FREE copy of ‘Crack Cocaine - The Open Door’ – written by Janus
- Access to the Janus team for consultation

Cost:

£195 for 2 days

(for 2 or more bookings you will receive a 10% reduction)

lunch included (specify special dietary requirements).

Contact details:

*Keith Mitchell
(Training and Development)*

T: 0207 73737654

M: 07884438953

[*keith@janusdayprogramme.co.uk*](mailto:keith@janusdayprogramme.co.uk)

Visit our websites below to read more about what we do at Janus.

[*www.janusdayprogramme.co.uk*](http://www.janusdayprogramme.co.uk)

[*www.janussolutions.co.uk*](http://www.janussolutions.co.uk)

**TO BOOK PLEASE CLICK ON
THE LINK BELOW!**

[*http://www.janusdayprogramme.co.uk/our-products.php*](http://www.janusdayprogramme.co.uk/our-products.php)

VENUE

Kiltalown House

Jobstown

Tallaght

Dublin 24

Date: 15th and 16th October 2013

Time: 9.30 start 4.30pm finish